

Sermon Notes

“Help”

Psalm 121

July 5, 2026

Ben Wood

Growth Group Homework

For the week of 7-5-2026

Getting Started:

1. Do you trust God to give you full care?
2. Where do you try to be self-sufficient in your life? Why?
3. Where do you only ask for help from God in your life? Why?
4. What is one way that you can allow God to give you full care this week?

Let's Pray: