

Growth Group Homework

For the week of 03-08-2026

Questions adapted from James Galvin, ed., et al., New Testament Lesson Maker, NavPress, Colorado Springs, CO, 1992, p. 60-61; Lyman Coleman, et.al., eds., Serendipity New Testament for Groups, Serendipity House, Littleton, CO, 1986, p. 76; James MacDonald, blog "Pray It Again," posted July 26, 2017.

Getting Started:

1. What is the most agonizing situation you have ever faced?

Digging Deeper:

Read Matthew 26:36-46

2. What was Jesus' state of mind at the time? What clues from the passage suggest that Christ was grieving about what lay ahead for Him?
3. How do you react emotionally and physically when you are facing extreme stress?
4. What generally wins out as you face decisions in life – your feelings or your commitments?
5. What is amazing about Christ's attitude? What do you most appreciate about Jesus from this passage?