

Sermon Notes

"Jesus as Lord of the Sabbath"

Mark 2:23-28

June 8, 2025

6. In what areas of your faith do you tend to be too beholden to rules or traditions?

7. What difference does it make that "the Sabbath was made for man"?

8. How do Jesus' comments (in 2:27-28) rebuke both too rigid and too lax a view of the Sabbath?

9. Why do you suppose Jesus says that he is "Lord *even* of the Sabbath" (2:28)?

Let's Pray:

Growth Group Homework

For the week of 06-08-2025

Questions adapted from James Galvin, ed., et al., New Testament Lesson Maker, NavPress, Colorado Springs, CO, 1992, p. 72-73; Lyman Coleman, et.al., eds., Serendipity New Testament for Groups, Serendipity House, Littleton, CO, 1986, p. 92; James Hoover, Mark: Follow Me, InterVarsity Press, Downers Grove, IL, 1999, pp. 21; Ted Dorman, Karen Lee-Thorp, ed., Life Change Series: Mark, NavPress, Colorado Springs, CO, 1995, pp. 36-37.

Getting Started:

1. How do you understand the difference between “the letter of the law” and “the spirit of the law”?

Digging Deeper:

Read Mark 2:23-28.

2. What is the issue in 2:23-28?
3. **For Further Study.** What do you know about David’s incident in the tabernacle? See 1 Sam. 21:1-6. How does David’s story apply to Jesus’ situation?
4. David broke the Law of Moses concerning the holy bread. Jesus’ disciples broke the Pharisees’ interpretation of the Law concerning the Sabbath (the Pharisees said picking even a few grains counted as work, which was forbidden on the Sabbath). In your own words, tell why both David and Jesus’ disciples were justified in their actions.
5. Where have you seen “rules only” spirituality in the church today?