

Sermon Notes

May 26, 2024

5. In Psalm 77:11-15, the Psalmist resolves to meditate. What other synonyms for “meditate” does he use? What is the Psalmist meditating upon? What might be a parallel “mighty deed” of God’s that you might profitably meditate upon?

6. What else does the Psalmist determine to meditate upon? Consider Psalms 119:15, 23, 27, 148; 143:5; 145:5.

7. Given what you’ve observed here, how would you define biblical “meditation”?

8. What are some obstacles to this kind of meditation? What might help you?

Let’s Pray

Growth Group Homework

For the week of 05-26-2024

Getting Started:

1. What has been your own experience with meditating on God's Word?

Digging Deeper:

2. "I would rather lay my soul to soak in half a dozen verses [of the Bible] all day than rinse my hand in several chapters." (Charles Haddon Spurgeon, *Christian History*, no. 29)

Explain in your own words the distinction Spurgeon is making.

Can you identify with Spurgeon's preference? If so, how?

3. Read Joshua 1:8 and identify the results and benefits that God identifies with meditating on his Word.
4. How does Psalm 1 contrast the wicked with the righteous? What relationship does the righteous have with God's word, and what are the anticipated results?