

# Sermon Notes

“Suit Up! Part 2”  
Ephesians 6:14-17  
May 19, 2024

Righteousness (Eph 1:1, 4; 4:24; 5:8-9)

Gospel of Peace (Eph 1:2, 13; 2:13-17; 3:6-7; 4:3; 6:19)

Faith (Eph 1:15, 2:8; 3:12, 17; 4:5, 15; 6:23)

Salvation (Eph 1:3-14; 2:1-10; 11-13; 3:6; 4:32; 5:25-27)

Word of God (Eph 1:8-10, 13; 3:3-5; 5:26; 6:2)

4. How do each of these non-material realities prepare the Christian to successfully withstand demonic deception and satanic schemes?
  
  
  
  
  
  
  
  
  
  
5. What can you do to remind yourself of these truths, in order to “preach them to your own soul”?
  
  
  
  
  
  
  
  
  
  
6. Which of these non-material realities is most pertinent to a spiritual battle you are engaged in right now? Why?

**Let's Pray**

# Growth Group Homework

For the week of 05-19-2024

Adapted from Karen Hinkley, ed., Life Change Series: Ephesians, NavPress, Colorado Springs, CO, 1985, pp. 108-109; Keri Folmar, Grace: A Bible Study on Ephesians for Women, Cruciform Press, Minneapolis, MN, 2015, pp. 140-144; James Galvin, ed., et al., New Testament Lesson Maker, NavPress, Colorado Springs, CO, 1992, pp. 272-3; Lyman Coleman, et.al., eds., Serendipity New Testament for Groups, Serendipity House, Littleton, CO, 1986, p. 371.

## Getting Started:

1. If you were a police officer, what extra precautions would you take to guard against danger?

## Digging Deeper:

Read Ephesians 6:10-20.

2. Complete the chart below.

Verbal action	Armor	Non-material reality
Secure/fasten around oneself	(belt/war apron)	Truth
Clothe oneself with		
Tie underneath your feet		
Pick up and carry with you		
Receive / accept		
(Receive/accept)		

3. What does Paul teach in Ephesians related to each of these non-material realities mentioned in this paragraph?

Truth (Eph 1:13; 4:15, 21, 24, 25; 5:9)