

melody to the Lord"? How is the content of what is sung important?

# Sermon Notes

"Be Being Filled"  
Ephesians 5:18-21  
February 4, 2024

5. When you sing at the corporate gathering of the church, is your aim "addressing one another"? Do you sing loudly and joyfully enough for others to hear you and be encouraged? Do you sing from the heart?
  
6. How often and for what does Paul tell the Ephesian Christians to give thanks? How can Paul be thankful for his imprisonment? How can a believer give thanks even in the midst of difficult circumstances? When do you find it hard to give thanks?
  
7. What does it mean to submit to one another? What does it look like? And what motivates Christians to submit to one another?
  
8. What evidence do you see that you are being filled with/by the Holy Spirit?

**Let's Pray**

# Growth Group Homework

For the week of 02-04-2024

Adapted from Karen Hinkley, ed., Life Change Series: Ephesians, NavPress, Colorado Springs, CO, 1985, pp. 87-88; Keri Folmar, Grace: A Bible Study on Ephesians for Women, Cruciform Press, Minneapolis, MN, 2015, pp. 119-122; James Galvin, ed., et al., New Testament Lesson Maker, NavPress, Colorado Springs, CO, 1992, pp. 271; Lyman Coleman, et.al., eds., Serendipity New Testament for Groups, Serendipity House, Littleton, CO, 1986, p. 368-9.

## Getting Started:

1. Some commentators point out the similarity of being drunk with wine and filled with/by the Spirit as being “under the influence.” How are these situations similar? How are they different?

## Digging Deeper:

Read Ephesians 5:15-21.

2. What does Paul tell the Ephesian Christians not to do, and what does he contrast it with? What are the five things in verses 19-21 that result from being filled with the Spirit?
3. In light of the other near references in Ephesians to “fullness” and “being filled” (3:14-19; 4:13-15; 1:23) explain what it means to be filled with/by the Holy Spirit (5:18)? Also consider what Paul wrote during this same imprisonment (Phil 1:9-11; Col 1:9-12). Also compare the similar impact of the Spirit and the “word of Christ” by comparing Eph 5:18-21 with Col. 3:16-17.
4. What does the heart have to do with “singing and making