

In verse 33 Jesus gives the remedy to anxiety. What does it mean to seek first the kingdom of God? How is this a cure for anxiety and worry?

Sermon Notes

April 25, 2021 – Matthew 6:25-34

“Worry”

Introduction

Applying the Word to Life:

Jesus tells us to “look” and to “consider” the reality of his sovereign provision. What are some practical ways you can do this in your own life?

How would your life look different tomorrow if you decided, in the power of the gospel, to seek first the Kingdom of God? How would this month look different? This year?

The Sermon on the Mount

The problem with worry

Small Group Homework

For the week of April 25, 2021

Getting Started:

What do you worry about?

What effect does worry have on your life?

Read: Read Matthew 6:25-34

Digging Deeper:

Jesus gives a command to not worry in verse 25. He then spends the rest of the passage giving specific reasons why we shouldn't worry. What are the reasons he gives?

Communion

Read the previous passage (v.19-24). How does this passage connect to v.25-34?

Worry reveals something about our hearts: When you worry and grow anxious, where is your ultimate trust? (see Matt. 5:21)